

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Silver Menu Spring 2019

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Beef Burgers in a Bun with Wedges	Sausage Mash and Gravy	Roast Bacon Loin With Roast Potatoes and Gravy	Sweet and Sour Chicken with Noodles	MSC Breaded Fish with Chips and Tomato Sauce
	Vegetarian	Quorn Burger in a Bun with Wedges	Creamy Broccoli Pasta Bake with Garlic Bread	Cheese & Pepper Whirl with Roast Potatoes	Cheese and Tomato Pizza with Jacket Wedges	Glamorgan Sausage with Chips
	Vegetables	Sweetcorn Green Beans	Baked Beans Peas	Carrot & Swede mash	Sweetcorn Mixed Pepper s	Baked Beans Garden Peas
	Dessert	Rolled Apple & Strawberry Pie with Custard	Pear Crumble and Custard	Chocolate Muffin	Pineapple Upside down Cake with Custard	Flapjack
Week 2	Main	Hot Dogs with Tomato Sauce and Wedges	Chicken Curry with Rice	Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognese	MSC Battered Fish with Chips and Tomato Sauce
	Vegetarian	Veggie Hot Dog with Tomato Sauce and Wedges	Macaroni Cheese with Garlic Bread	Quorn Roast With Roast Potatoes and Gravy	Spinach & Tomato Quiche (WM) with New Potatoes	Lentil and Vegetable Curry with Rice
	Vegetables	Coleslaw Green Salad	Broccoli Sliced Carrots	Red Cabbage Green Beans	Peppers Sweetcorn	Baked Beans Garden Peas
	Dessert	Iced Sponge	Mixed Fruit Crumble & Custard	Apple, Cheese and Biscuits, Yoghurt and Fruit Station	Banana Sponge & Custard,	Chocolate Shortbread,
Week 3	Main	BBQ Chicken Pizza (WM) with Wedges	Beef Lasagne with Garlic Bread	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Meatballs and Pasta	MSC Salmon Fish Fingers with Chips and Tomato Sauce
	Vegetarian	Cheese and Tomato Pizza (WM) with Wedges	Vegetable Lasagne with Garlic Bread	Vegetable Wellington With Roast Potatoes and Gravy	Quorn Chilli with Rice	Cheese Tomato & Spinach Frittata with Chips
	Vegetables	Sweetcorn Green Beans	Garden Peas Cauliflower	Shredded Cabbage Carrots	Roasted Vegetable Medley Broccoli	Baked Beans Garden Peas
	Dessert	Oaty Peach Crumble and Custard	Lemon & Mixed Berry Cake,	Vanilla Shortbread	Chocolate and Beetroot brownie	Chocolate Crunch and Custard

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection